

Embracing Digital Literacy

by: Rebecca MacDonald - Project Coordinator

In today's world, digital literacy is not only nice to have, it's something you need. Whether you are online banking, applying for a job, reading your newspaper subscription, or browsing social media, you need skills to be confident, secure, and stay informed and connected.

Knowing how to operate a computer or smartphone is only one part of digital literacy. This skill also means knowing how to gauge the content you read online, using digital tools, interacting with others, staying safe, and keeping your privacy in a connected environment. Having the tools work for you and with you instead of just using them is key.

With misinformation spreading rapidly online, strong digital literacy skills will help you understand fact from fiction. Be empowered to make informed decisions, from health care to voting, reviews and news, and gives you equal access to education, employment, and essential services.

How to Improve Digital Literacy

- **Practice mindful browsing:** Always check the source of online content. Not everything you read online is fact. Double check that fact!
- **Keep learning:** Free resources from the GLC can help you to boost your skills. Come to a workshop hosted by the Gaspesie Literacy Council or ask us how else you can get some help!
- **Stay updated:** Technology evolves quickly stay curious and open to change. Do not be afraid of technology. Embrace the change!

Technology shouldn't be intimidating - it should be empowering. With the right support and a little patience, anyone can learn to navigate the digital world. Digital literacy gives you the tools to stay independent, informed, and engaged in an increasingly connected world. If you need any assistance feel free to reach out to us! We are here to help!