

Winter Activities

What is it about winter holidays that has us unwinding inside, often in front of the tv? Maybe it's the weather, maybe our brains need a break, maybe there's too much happening!

But if you're looking for winter activities that are easy, relaxing, and screen-free, here are some suggestions to kick it up a notch, literacy-style:



Outdoor Scavenger Hunt

- Choose a day that's not too cold
- Create a list of common things you might find outdoors - pinecones, old leaves, frost patterns, etc.
- Take the kids out for a nice long walk with their list of scavenger items, they can cross off each item as they see it
- The best part of this game is that you can make it very difficult (fold older kids) or very easy (for the little ones)

Hold a Poetry/Drawing challenge

- Get the whole family engaged by writing a collaborative poem or drawing a picture together
- Starting with a prompt (like to do during a snowstorm), have each family member write a line of poetry or draw a piece of a picture - going around the table as many times as you need to
- By the time everyone has participated, you have with a piece of art that you created together

Learn about the Weather

- One of the most interesting parts of winter is the changeable weather, so why not use it to learn about clouds, measure the snow or rainfall, and check the speed and direction of the wind using some handmade tools?
- You can check the weather together and see if the predictions come true!
- Learn how to build your own weather station here:
<https://inventorsof tomorrow.com/2018/01/22/diy-weather-station-for-kids/>

